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# STANDARD PRECAUTIONS

## FOR INFECTION CONTROL

### PRECAUCIONES BASICAS

PARA EL CONTROL DE INFECCIONES

Assume that every person is potentially infected or colonized with an organism that could be transmitted in the healthcare setting.

Asuma que cada persona puede estar infectada con, o albergar alguna colonia de microorganismos que se podrían transmitir en el centro de asistencia sanitaria. Evite el contacto innecesario con las superficies que están muy cercanas al paciente.

## VISITORS STOP!

REPORT TO NURSE BEFORE ENTERING

## VISITANTES ALTO!

CONSULTE CON LA ENFERMERA ANTES DE ENTRAR.

### HAND HYGIENE

Avoid unnecessary touching of surfaces in close proximity to the patient.

When hands are visibly dirty, or soiled with blood or body fluids, wash hands with soap and water.

If hands are not visibly soiled, decontaminate with an alcohol hand sanitizer or wash with soap & water.

#### PERFORM HAND HYGIENE:

**Before** direct contact with patients.  
**After** contact with blood or body fluids.  
**After** contact with a patient's intact skin (e.g., when taking a pulse or blood/pressure or lifting a patient).  
**If hands** will be moving from a contaminated body site to a clean body site.  
**After** contact with inanimate objects (including medical equipment) in the immediate vicinity of the patient.  
**After** removing gloves.

### PERSONAL PROTECTIVE EQUIPMENT (PPE)

Wear PPE when the patient interaction involves contact with blood or body fluids.

Before leaving the patient's room or cubic le, remove and discard PPE.

#### GLOVES

Wear gloves when contact with blood, mucous membranes, nonintact skin, or contaminated intact skin (e.g., incontinent of stool or urine) could occur.

Remove gloves after contact with a patient and/or the surrounding environment using proper technique to prevent hand contamination. Do not wear the same pair of gloves for the care of more than one patient.

Change gloves during patient care if the hands will move from a contaminated body site (e.g., perineal area) to clean body site (e.g., face).

#### GOWNS

Wear a gown to protect skin and prevent soiling or contamination of clothing during procedures and patient-care activities when contact with blood, body fluids, secretions, or excretions is anticipated.

Wear a gown for direct patient contact if the patient has uncontained secretions or excretions.

Remove gown and perform hand hygiene before leaving patient's environment.

#### MOUTH, NOSE, EYE PROTECTION

Use PPE to protect the mucous membranes of the eyes, nose and mouth during procedures and patient care activities that are likely to generate splashes or sprays of blood, body fluids, secretions or excretions.

During aerosol-generating procedures wear one of the following: a face shield that fully covers the front and sides of the face, a mask with attached shield, or a mask and goggles.

#### RESPIRATORY HYGIENE/COUGH ETIQUETTE

Educate healthcare personnel to contain respiratory secretions to prevent droplet and fomite transmission of respiratory pathogens, especially during seasonal outbreaks of viral respiratory tract infections.

Offer masks to coughing patients and other symptomatic persons (e.g., persons who accompany ill patients) upon entry into the facility.

#### PATIENT-CARE EQUIPMENT AND INSTRUMENTS/DEVICES

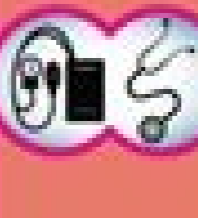
Wear PPE, according to the level of anticipated contamination, when handling patient-care equipment and instruments/devices that are visibly soiled or may have been in contact with blood or body fluids.

#### CARE OF THE ENVIRONMENT

Include multi-use electronic equipment in policies and procedures for preventing contamination and for cleaning and disinfection, especially those items that are used by patients, those used during delivery of patient care, and mobile devices that are moved in and out of patient rooms frequently (e.g., daily).

#### TEXTILES AND LAUNDRY

Handle used textiles and linens with minimum agitation to avoid contamination of air, surfaces and persons.



### LA HIGIENE DE LAS MANOS

Evite el contacto innecesario con las superficies que están muy cercanas al paciente.

Cuando las manos estén visiblemente sucias, contaminadas con material proteico, o visiblemente manchadas con sangre o fluidos corporales, lívelas con agua y jabón.

Si las manos no están visiblemente sucias, o después de eliminar todo material visible con agua y jabón, descontamínelas con soluciones a base de alcohol para la limpieza de manos. Alternativamente, se puede lavar las manos con agua y jabón antimicrobiano.

#### REALICE LA HIGIENE DE LAS MANOS:

**Antes** de tener contacto directo con los pacientes.  
**Después** del contacto con la sangre, fluidos corporales o excretiones, membranas mucosas, piel lesionada o quirutas para heridas.  
**Después** del contacto con pacientes con piel sana (p. ej., cuando se les toma el pulso o la presión sanguínea o cuando les ayudo a levantarse).  
**Si** las manos pasarán de una zona del cuerpo contaminado a una zona del cuerpo limpia durante la atención del paciente.  
**Después** del contacto con objetos inanimados (inclusive los equipos médicos) en la proximidad inmediata del paciente.  
**Después** de quitarse las guantes.

#### EQUIPO DE PROTECCIÓN PERSONAL (EPP)

Use EPP cuando la naturaleza de la interacción anticipada con el paciente indica que puede haber contacto con sangre o fluidos corporales.

Antes de retirarse de la habitación o cubículo del paciente, quite y deseché el EPP.

#### GUANTES

Use guantes siempre que pudiera existir la posibilidad de entrar en contacto con sangre o cualquier otro material potencialmente infeccioso, membranas mucosas, piel lesionada o piel sana potencialmente contaminada (p. ej., de un paciente con incontinencia fecal o urinaria).

Quite los guantes después del contacto con un paciente y/o el entorno que lo rodea, utilizando la técnica adecuada para evitar la contaminación de las manos. No use el mismo par de guantes para la atención de más de un paciente.

Cámbiese los guantes durante la atención del paciente si las manos pasarán de una zona del cuerpo contaminada (p. ej., el área perineal) a una zona del cuerpo limpia (p. ej., el rostro).

#### BATAS

Use una bata para proteger la piel y evitar ensuciar o contaminar la ropa durante los procedimientos y actividades relacionadas con la atención de los pacientes, cuando se anticipa el contacto con sangre, fluidos corporales, excretiones o excretiones.

Use una bata para el contacto directo con el paciente si este último padeciera de excretiones o excretiones desmesuradas.

Quite la bata y realice la higiene de las manos antes de retirarse del entorno del paciente.

#### PROTECCIÓN DE LA BOCA, NARIZ Y OJOS

Use EPP para proteger las membranas mucosas de los ojos, nariz y boca durante los procedimientos o actividades relacionadas con la atención de los pacientes que pudieran generar salpicaduras de sangre, fluidos corporales, excretiones o excretiones.

Durante los procedimientos que generan aerosoles, use uno de los siguientes: una pantalla abatible que cubra completamente la parte delantera y los laterales del rostro, una mascarilla con pantalla abatible adosada o una mascarilla y gafas.

**NORMAS DE ETIQUETA PARA LA HIGIENE RESPIRATORIA Y EL MANEJO DE LAS TOS**  
Involva al personal de atención médica para que contenga las excreciones respiratorias con el fin de evitar la transmisión por gotitas o goteo de patógenos respiratorios, especialmente durante los brotes estacionales de infecciones virales del tracto respiratorio.

Ofrezca mascarillas a los pacientes con tos y a cualquier otra persona sintomática (p. ej., las personas que acompañan a los pacientes enfermos) al ingresar en la instalación.

#### EQUIPOS E INSTRUMENTOS/DISPOSITIVOS PARA LA ATENCIÓN DE LOS PACIENTES

Use EPP (p. ej., guantes, bata) según el nivel de contaminación anticipada, cuando maneje equipos e instrumentos/dispositivos para la atención de los pacientes que están visiblemente sucios o que puedan haber estado en contacto con sangre o fluidos corporales.

#### CUIDADO DEL ENTORNO

Involva equipos electrónicos de usos múltiples en las políticas y procedimientos para evitar la contaminación y para la limpieza y desinfección, especialmente aquellos artículos que utilizan los pacientes, aquellos que se utilizan durante la atención de los pacientes y los dispositivos móviles que se trasladan con frecuencia dentro y fuera de las habitaciones de los pacientes (p. ej., a diario).

#### TEXTILES Y LAVANDERÍA

Tratase según tales y textiles usados lo menos posible para evitar contaminar el aire, las superficies y las personas.

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How do I fill in a UK visa application form? your name & surname, nationality, country of residence, marital status, personal number, passport number, reason for wishing to enter the UK, other information about your application. Is Appendix 2 required for spouse visa? You need to complete Appendix 2 of VAF4A Form if you wish to apply for a Spouse Visa or enter the UK as: ... The child of a parent who is applying or have applied already for leave to remain in the UK as a partner of a British settled person. What is Appendix FM child visa? Appendix FM is used for applications for children where the parents (or one parent in some circumstances, as we discuss below) are entering the UK under Appendix FM themselves or have already entered and are living in the UK under Appendix FM. When can I apply for DV Lottery 2020? A closer look The State Department will begin accepting online registrations for the Fiscal Year (FY) 2022 Diversity Visa (DV) lottery starting Wednesday, October 7, 2022 at noon EDT. Foreign nationals who wish to enter the lottery have until Tuesday, November 10, 2022 at noon EST to file online. How much is a visitor visa to UK? A Standard Visitor visa costs £95. The fee for a long-term Standard Visitor visa depends on its length: 2 years - £6361, 5 years - £6655. How can I apply for DV Lottery 2022 online? Registration is free. All entries must be submitted through the Department of State's online system at: . Incomplete, late, or paper submissions will not be accepted. Only one entry may be submitted per person. Who qualifies for visa lottery? In order to be eligible to enter in the diversity visa lottery, you must have at least a high school education (defined as successful completion of a 12-year course of elementary and secondary education, comparable to such high school education in the U.S.) or its equivalent or have within the past five years two years ... How can I apply for UK visit visa? 1 Check if this visa is right for you show. Step 2 Prepare the evidence you need show. ... Step 3 Apply hide. ... 4 Attend an appointment show. ... Step 5 Check what you can bring with you show. ... Step 6 Check what you need to show at the UK border show. ... Step 7 After you arrive in the UK show. How can I apply for UK lottery visa? Simply head over to their official website by clicking here. You can also visit the UK immigration visa website to know the type of visa you will be applying for. ... Enter your details correctly in the spaces provided in block letters with a valid email address. 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Additionally, the applicant must have a minimum of £1,270 in their bank account to demonstrate that they can support themselves financially in the UK. How much bank statement is required for UK visit visa? You must submit 6 months of bank statements that clearly show your monthly salary and financial commitments. There must not be any large deposits of cash other than your salary. Total savings must be at least twice your proposed UK trip expenses. If you believe that this page should be taken down, please follow our DMCA take down process here.

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